

# Forest Hills Friday News

Friends and Family of Forest Hills,

There are two things in this world that simply bother me. I am not good with either snakes or heights. There's just something about both of them that scares me a little bit. However, I've always said that I would not let a fear cripple me, and so I'll go on the tall roller coasters, head up to the top of the space needle, and even hold snakes when I go to the zoo. Yet even with this decision I've made regarding my fears, they still do cause me to freeze from time to time.

Recently, I was walking along a sidewalk with someone having a conversation about fears. We looked at the sidewalk and mentioned how easy it was to walk down it, but if the sidewalk were 100 stories high, it would completely change our perspective and cause the fear to creep in. The difference here was that when we know we are safe, we are comfortable and free to move around. When we think there is a chance of anything bad happening, we are much less likely to walk in confidence.

After this discussion, I reflected on how this is true in our life. On many days, we face situations that are familiar. We can get up in the morning (even though we may not like to 😊), we drive to school or work, we eat our meals throughout the day – all those things that we are used to. Yet when we face certain situations, they elevate us to an uncomfortable level. We may not know what to do, and we may not have that confidence that allows us to find the solutions we need to deal with them.

Enter Christ. God has given each one of us life and breath – a gift from Him. He has assured us that He will never leave us or forsake us. He promises us that He is with us until the very end of the age. In Him, we have a confidence that surpasses understanding. We read in Scripture that, "I can do all things through Him who gives me strength." (Phil. 4:13) While we may still be a bit trepidatious over the situations we face, we know that God is there by our side, equipping us with what we need each day. We can look at our fears and give them to God so that we can confidently live as His children.

We know that one day, we will be face to face with Him forever. On that day, all our fears will be permanently released. There will be no more sorrow, suffering, pain, sin, or death. There will be only eternal life. Knowing what is yet to come gives us confidence to live today and to get through whatever may paralyze us in life. God is on your side. In Him, you are forgiven and redeemed. In Him, you have life and confidence.

Go this week and live boldly, facing all your fears. Christ is with you, and in Him, you have the power to do miraculous things!

Mike Schiemann. <><  
Principal

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November 9<sup>th</sup>, 2018



## General Reminders:

- **All PAL Hours** can now be reporting directly thru the **Gradelink App or Website**. See Dani in office if you have any questions
- Bethlehem Walk: please turn in your **“Intent to Participate” RSVP** forms ASAP or email [office@fhlds.org](mailto:office@fhlds.org) your availability on 11/30
- **Amazon Shoppers!** Please remember to use the below link while Christmas Shopping: <http://smile.amazon.com/ch/93-1145946>
- Monday 12<sup>th</sup> – **No School**, see you Tuesday!

## PTA Corner:

- **Wreath Fundraiser** order due **TODAY 11/09**
- More **Bottle Drop bags** are now here – thank you for the wonderful response to this new program! See attached info.
- Sign up to help at the **Harvest Festival**: [https://docs.google.com/spreadsheets/d/1bNCXBYvRTSOd\\_ovPLVRHdbc1fDZmL7cy1eDYAD9D1lk/edit#gid=0](https://docs.google.com/spreadsheets/d/1bNCXBYvRTSOd_ovPLVRHdbc1fDZmL7cy1eDYAD9D1lk/edit#gid=0)
- [https://docs.google.com/spreadsheets/d/1uP0ethNoBqHxGG5aK\\_OeZTV67oHN0mFASdHngcCSQhE/edit#gid=0](https://docs.google.com/spreadsheets/d/1uP0ethNoBqHxGG5aK_OeZTV67oHN0mFASdHngcCSQhE/edit#gid=0)

## Technology Resources:

- **Yearbook wants your photos!** Download the “Skippie” App or email: [fhldsyrbook@fhlds.org](mailto:fhldsyrbook@fhlds.org)
- **Guest WiFi** Password: **Falcons!**
- Find the **school calendar** at: [http://www.fhls.org/main\\_pages/google\\_cal.htm](http://www.fhls.org/main_pages/google_cal.htm)
- Did you know **FHCLS has an app?** Download in the app store or use:



- Sign up to receive **text alerts from FHLCS**, text @**fhlds** to **81010**

## In Your Family Envelope:

- **Auction Gift Card Fundraiser**; now thru Friday 11/30
- Join us for the **Harvest Festival Nov. 16<sup>th</sup>**; **RSVP** in your envelope today!

## Dates at a Glance:

Monday 11/12	Veterans' Day observed – No School
Tuesday 11/13	5/6 Boys Bball (Black) @ Home, 4pm
Thursday 11/15	5/6 Girls Bball @ Home, 4pm 5/6 Boys Bball @ Home, 5pm & 6pm
Friday 11/16	Harvest Festival, Dobbin Center 6-8pm
Monday 11/19	5/6 Girls Bball @ Home, 4pm 5/6 Boys Bball (Black) @ Home, 5pm 4 <sup>th</sup> Grade to Washington County Museum, Portland
Tuesday 11/20	End of First Trimester
Wednesday 11/21	Teacher Work Day – No School
Thu 11/22 – Fri 11/23	Thanksgiving Holiday – No School Happy Birthday Mrs. Plucknett
Monday 11/26	5/6 Girls @ SW, 5pm 5/6 Boys @ Gilkey, 4pm & 5pm PTA Wreath Fundraiser Orders here for Pick-up
Tuesday 11/27	5/6 Boys (Black) @ Home, 4pm
Thursday 11/29	5/6 Girls @ TVA 2, 4pm 5/6 Boys @ Faith, 5pm
Friday 11/30	Bethlehem Walk Report Cards Go Home
Monday 12/03	PS to Oregon Zoo 5/6 Girls Bball @ Home, 4pm 5/6 Boys Bball @ Home, 5pm PTA Meeting, 6:30-8pm
Tuesday 12/04	5/6 Boys Bball @ Life, 4pm
Thursday 12/06	Kindergarten Open House, 5pm 5/6 Girls Bball @ Pilgrim, 4pm 5/6 Boys Bball (Green) @TVA, 4pm 5/6 Boys Bball (Black) @PJA, 4:30pm
Monday 12/10	5/6 Girls Bball @ Home, 4pm 5/6 Boys Bball @ Home, 5pm
Thursday 12/13	4 <sup>th</sup> Grade to Rice Rock Museum, Hillsboro