

Forest Hills Friday News



August 30th, 2019



Welcome to the 2019-2020 school year!

We have had a fantastic first week back to school. There have been many smiling faces as friends reunited this week, and new friends were made and welcomed to Forest Hills. One of the things I enjoy the most about this week is hearing all the stories and adventures that came along with the summer. We had many families that travelled to far and distant lands, and others who enjoyed God's beauty right here in Oregon. It was a joy to hear of all the fun that our students had throughout the summer.

One thing was quite apparent as we opened the doors for the first day of school – our kids have changed! Many of them had grown a TON, some had new haircuts, some had new glasses, and many had new clothes. The kids that walked through the door on day #1 were different than the kids who left just a few short months ago. In addition to physical changes, our kids came back having learned a lot this summer. They learned new facts about the places they went, and many of them practiced their academic skills throughout the summer. Our kids changed, and we were excited to welcome all of our students as "new" students to the 2019-2020 academic year.

Someone once said to me that change is the only constant in our world. While ironic, there's a large element of truth in that statement. We see change happening around us each and everyday. People change. Circumstances change. The world changes each and every day. Just when something seems certain and reliable, something changes. Isn't it great that we know one thing that will never change? We read in scripture that Jesus Christ is the same yesterday, today, and forever (Heb. 13).

Sometimes the changes that we face are things that are easy to handle. Other times, the changes are challenges, even things that take us to our own rock bottom. Knowing that God is a constant can bring us peace. God's unchanging constants include things that we need in our life each day – His peace, His love, His grace, His mercy, His forgiveness. No matter what changes around you, because of our unchanging God, we have certainty in His qualities and the blessings that He pours upon our lives each day.

There are also times when the changes around us make us question who we are. They challenge our values, and they challenge the value that we hold for ourselves. No matter what changes you face, know this. You are a child of God. As His child, you are priceless. In fact, you are so important to Him that He sent Jesus to die for you. Your worth is in Christ, and you are forever scarred into the palms of His hands.

There really are a lot of changes around here at Forest Hills, but we can be thankful that this year, we learn about and celebrate our unchanging God. He will sustain us through anything we face, and He will continue to fill our lives with His blessings and mercies. May God bless our learning journey together this school year!

Mike Schiemann. <><
Principal

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General Reminders:

- Each Friday is “**Falcon Friday**”, wear your Forest Hills shirt and show your school spirit
- The **school newsletter** is emailed to the household email you provided in TADS. Need another one added? E-mail office@fhlds.org
- “**Two Book Tuesday**” Every Tuesday Library books must be turned into their classroom in order to have library books ready to go on Wednesday!
- Please help your child to remember to **wear sneakers on PE Days (and PE clothes for middles school only)**
 - 1st-5th, Tuesday & Friday
 - 6th, Monday & Wednesday
 - 7th & 8th, Tuesday & Thursday
 - K, Monday & Friday
- All **NEW Running Club Families** need to attend the parent informational meeting Sept.5th @ 3:15 in the Library
- **Returning Running Club Runners** cannot participate until a signed permission form (in office) is received
- **Visitor’s Badge** is required for anyone on campus after the bell rings at 8:15am
- Please make sure **lunches** are **READY** to eat. We recommend peeling, slicing, and assembling ahead of time.
- During lunch time, **Microwave** is for 3rd-8th grade use only.
- **Chapel** is on Wednesday mornings at 8:20am – Please join us in St. Peters!
- **Guest WiFi** Password: **Falcon!**

Get Involved:

- **PTA meeting** Sept.16 6:30-8pm in library
- **Middle School Choir** is looking for an accompanist

In your Family Envelope this week:

- **Worker’s Agreement & Background Check Authorization** form for volunteering at FHLCS
- **School Expectations, Consequences & Anti-Bullying** policies for all students
- **Computer & Internet Acceptable Use Agreement** for students in 3rd-8th grade
- **Extended Care** information and forms
- **Carpool & Pick-up** plan card for Teachers
- **Field Trip & Insurance Coverage** forms
- **Parent Agreement of Handbook** Policies & Procedures Form.

Please sign and return after reading here:

<http://www.fhlds.org/Info/FH%20Handbook%202017-18.pdf>

Dates at a Glance:

Every Monday Begins 9/9	Prayer Group in Library 8:15-9am
Every Tuesday Begins 9/10	Join Mr. Schiemann’s Bible study at St. Peters 8:30-9:30
Every Thursday Begins 9/12	Join Kerry Bauer’s Bible study in the Library 8:30-9:30
Monday 9/02	Labor Day, No School
Tuesday 9/03	Hot Lunch Begins
Thursday 9/05	Running Club NEW Parent Meeting 3:15pm, Library
Friday 9/06	Piano Concert at St. Peters 1pm
Monday 9/9	Running Club Starts 3-3:30
Monday 9/16	Picture Day! PTA meeting 6:30-8pm in Library
Tuesday 9/24	Happy Birthday Mrs. Meyer!