Forest Hills Friday News

November 8th, 2019

Friends and Family of Forest Hills,

This past week, our teachers had the chance to attend the Northwest District Teacher's Conference in Seaside, OR. This conference is always a highlight for our staff as they have the chance to engage in professional growth, learn about new and best practices that are working in various schools, and network with educators from the District and beyond.

This year, I was blessed to lead one of the breakout sessions. My topic was discussing five ways to ignite positive change within a school. I've done quite a bit of research in this field lately, and felt like the theories that exist are truly remarkable and worth sharing. My presentation style is one that involves some direct talking from the front of the room, but I also like to have participants engage one another in smaller discussions. To that end, I developed some questions that caused educators to wrestle a little bit, and in developing those questions, it caused me to wrestle a bit myself.

One of the questions that sparked some interesting conversation was, "What do you need to allow your students to stop doing?" Teachers took some time to reflect on the 'why' of their classroom and to analyze teaching techniques but also student tasks and behaviors. There are some things that teachers can hold on to as practices that may actually hinder them from doing other things. A few people offered responses to my question, while others were pondering it, and walked away with a deep thought to consider.

This question was a great one for me to consider too – both educationally as well as personally. There are many times in our walks of life that we hold on to things that God is telling us to let go of. There are things that we, as sinful human beings, hold on to so tight that it can cause us to sink in our own pits of despair; things that actually do us more harm than good. However, we may not know another way, or we may not have taken the time to reflect on our lives and see what God wants us to hang on to!

Whenever we face a tough question like this, the best place to turn is Scripture. In it, we find the voice of God, reminding us of His love for us and His plan for our life. There are so many passages that tell us what to let go of – bitterness, wrath, clamoring, hurt, slander, malice, weakness, sin, and even the past. Yet in our weakness, we tend to hold on tight. Thanks be to God that He has given us the gift of Jesus, who takes these struggles and sins away and makes our burden light. We are told to cast our cares on Him for He cares for us. We are told to bring our prayers and petitions to Him. We are told that He will take care of each of us as we walk through the steps of life.

One particular quote from the conference resonated with so many people. "We need to make the positives so loud that the negatives are impossible to hear." God did that for us. In fact, He went one step further. In the 'positive' of Jesus, He didn't only mute the negative, He destroyed it.

What are you carrying now that you need to let go of? What is it that you need to give yourself permission to stop doing? As you consider these questions, look to the cross, and on it, you'll see immeasurable love that takes our anchors and the burdens we shoulder and makes them light. You'll see love that knows no measure, given to you! I pray that your steps this week are light, knowing that God is taking care of you. Cast your cares on Him, indeed. He loves you that much!



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General Reminders:

Our FHLCS Christmas
 Bazaar is TOMORROW
 from 10am-3pm in
 The Dobbin Center Gym



Bring a non-perishable food item for the local food bank and get a free raffle tickets as well!

Reminder the Holiday Wreath

Fundraiser order forms are due Monday November 18th to the office. Additional

forms are in the office.
Thank you for your
continued support of
this popular fundraiser!







From October 28th-November 26th our Student Council Students will be holding a canned food drive. Our goal is to collect 600 cans, that's just 3 cans per student. With your help we are confident we will hit our goal! Our collection barrel will be by the office.

In Your Family Folder:

- Picture Packets. Your child's retakes and a second FREE shipment of their original photos.
- Roots Coffee Fundraiser. More info below!

Dates at a Glance:	
Monday 11/11	Veterans Day – No School
Tuesday 11/12	5/6 Girls Bball @ Gilkey, 4pm 5/6 Boys Green Bball @ TVA, 5pm 5/6 Boys Black Bball Here, 4pm
Wednesday 11/13	Chapel Host Trinity Lutheran, 8:20a
Thursday 11/14	5/6 Girls Bball @ Faith, 4pm 5/6 Boys Green Bball @ Faith, 5pm 5/6 Boys Black Bball Here, 4pm
Friday 11/15	Middle School Dance, 7-9pm
Saturday 11/16	Drive For the Hills Celebration event, 9a-12p
Monday 11/18	December Lunch Orders Due, 8:30am PTA Wreath Orders Due, 3pm 5/6 Girls Bball @ Pilgrim, 4pm 5/6 Boys Green Bball @ Pilgrim, 5pm 5/6 Boys Black Bball Here, 4pm
Wednesday 11/20	Buddy Chapel host Duane Meissner, 8:20a
Thursday 11/21	5/6 Girls Bball @ Southwest, 5pm 5/6 Boys Green Bball @ Southwest, 6pm 5/6 Boys Black Bball @ Life, 5pm

Get Involved:

- Monday Prayer Group: join prayer group Monday 8:15-9am, Library
- Tuesday Bible Study with Mr. Schiemann 8:30-9:30am, St. Peters
- Thursday Bible Study with Kerry Bauer 8:30-9:30am, Library

Special Announcements



COME "DRIVE" FOR THE HILLS

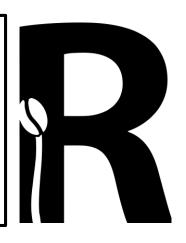
We still have **1 week left** for you to be a part of our DRIVE FOR THE HILLS 2019 Fundraiser. Our celebration for successful participants will be **Saturday November 16th, 9am – Noon** at Top Golf, Hillsboro. These funds will help to provide the numerous classes offered beyond the core academic subjects, such as P.E., Spanish, Band, Handbells, Drama, Applied Skills and more!

If you are not able to join as a participant, would you consider making a donation to help our participants reach their goal of \$1,000 each? Donations can be made through the donate now tab on our website, www.fhlcs.org, or dropped off in the office.

For more information, contact Kerry Bauer at driveforthehills@fhlcs.org, or 503-359-4853.

Coffee for a Cause

The 7th and 8th grade students going to Washington DC Spring Break 2020 are doing a coffee fundraiser. *To the Roots Coffee* in Forest Grove is sponsoring the event. **12oz bags of coffee for \$12.00.** Coffee will be ready for pick up before Thanksgiving Break. Students will be picking up orders at morning drop off Tuesday, November 12th and Wednesday, November 13th. Orders can also be dropped by the office no later than Wednesday, November 14th.





We are looking for volunteers to help with our Open House on Nov. 21st,5-7pm. We would like 2 Greeters to help welcome visitors and 6 tour guides to help take families around the school. We are also looking for some family friendly snack donations. Contact Sheila Hill for more information at

nills@thlcs.org