October 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
		Orange Chicken	Hot Dog	Baked Potato Bar	Turkey Club
WEEK		Rice	Roasted Potatoes	Chicken Sausage	Sandwich
1		OR	OR	OR	Fresh Veggies
		Salad Bar	Salad Bar	Salad Bar	Fruit Cup
					Grandparents Day
		DF/ GF	DF/ GF Option	DF/ GF	DF/ GF Options
	7	8	9	10	11
	Baked French Toast	Spaghetti w/	Pepperoni Pizza	Chicken Burrito Bowl	Cobb Salad
WEEK	Bacon & Eggs	Meatballs	Mixed Veggies	Fajita Veggies	Blueberry Muffin
2		OR	OR	OR	Fruit
	NO	Salad Bar	Salad Bar	Salad Bar	
	SALAD BAR				**COOKIE DAY**
	DF/ GF Options	DF/ GF Option	GF Option	DF/ GF	DF/ GF Options
	14	15	16	17	18
WEEK	NO	NO	NO	NO	NO
3	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL
	Teacher Work Day	Parent-Teacher	Parent-Teacher	Teacher Professional	Teacher Professional
		Conferences	Conferences	Development	Development
	21	22	23	24	25
			Crunchy Chicken Tocos		
WEEK	Chili w/ Toppings	Cheeseburger	Crunchy Chicken Tacos	Cheese Pizza	Italian Sub
WEEK 4	Chili w/ Toppings Tortilla Chips	Cheeseburger Roasted Potatoes	Corn Medley	Cheese Pizza Roasted Veggies	Italian Sub Fresh Veggies
WEEK 4	Chili w/ Toppings Tortilla Chips OR	Cheeseburger Roasted Potatoes OR	Corn Medley OR	Cheese Pizza Roasted Veggies OR	Italian Sub
	Chili w/ Toppings Tortilla Chips	Cheeseburger Roasted Potatoes	Corn Medley	Cheese Pizza Roasted Veggies	Italian Sub Fresh Veggies Fruit Cup
	Chili w/ Toppings Tortilla Chips OR Salad Bar	Cheeseburger Roasted Potatoes OR Salad Bar	Corn Medley OR Salad Bar	Cheese Pizza Roasted Veggies OR Salad Bar	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY**
	Chili w/ Toppings Tortilla Chips OR	Cheeseburger Roasted Potatoes OR	Corn Medley OR	Cheese Pizza Roasted Veggies OR	Italian Sub Fresh Veggies Fruit Cup
	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29	Corn Medley OR Salad Bar DF/ GF Option 30	Cheese Pizza Roasted Veggies OR Salad Bar GF Option	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY**
4	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY**
4 WEEK	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies	Cheese Pizza Roasted Veggies OR Salad Bar GF Option	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options GF: All food is GLUTEN
4	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw OR	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies OR	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies OR	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options
4 WEEK	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes Bacon & Eggs	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options GF: All food is GLUTEN
4 WEEK	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw OR	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies OR	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies OR	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes Bacon & Eggs	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options GF: All food is GLUTEN
4 WEEK	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw OR Salad Bar	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies OR Salad Bar	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies OR Salad Bar	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes Bacon & Eggs NO SALAD BAR	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options GF: All food is GLUTEN
4 WEEK	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw OR Salad Bar	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies OR Salad Bar	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies OR Salad Bar	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes Bacon & Eggs NO SALAD BAR	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options GF: All food is GLUTEN FREE GF/ DF OPTION:
4 WEEK	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw OR Salad Bar	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies OR Salad Bar	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies OR Salad Bar	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes Bacon & Eggs NO SALAD BAR	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options GF: All food is GLUTEN FREE
4 WEEK	Chili w/ Toppings Tortilla Chips OR Salad Bar DF/ GF Options 28 Pulled Pork Sliders Coleslaw OR Salad Bar	Cheeseburger Roasted Potatoes OR Salad Bar DF/ GF Options 29 Chicken Fried Rice Stir Fry Veggies OR Salad Bar	Corn Medley OR Salad Bar DF/ GF Option 30 Chicken Quesadilla Mixed Veggies OR Salad Bar	Cheese Pizza Roasted Veggies OR Salad Bar GF Option 31 Pancakes Bacon & Eggs NO SALAD BAR	Italian Sub Fresh Veggies Fruit Cup **COOKIE DAY** DF/ GF Options GF: All food is GLUTEN FREE GF/ DF OPTION: gluten free/ dairy free