


# Print Me!

## December 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	2	3	4	5	6
	Hot Dog Roasted Potatoes OR Salad Bar	*Tasty Tuesday* Beef & Veggie Lasagna OR Salad Bar	Pepperoni Pizza Mixed Veggies OR Salad Bar	Orange Chicken w/ Rice OR Salad Bar	Italian Sub Sandwich Fresh Veggies Fruit Cup
	DF/ GF Options	GF Option	GF Option	DF/ GF	DF/ GF Options
	9	10	11	12	13
	Cheeseburger Roasted Potatoes OR Salad Bar	*Tasty Tuesday* Meatloaf Mashed Potatoes OR Salad Bar	Grilled Cheese w/ Tomato Soup OR Salad Bar	Pulled Pork Sliders Coleslaw OR Salad Bar	Autumn Salad w/ Chicken Pumpkin Mu n
DF/ GF Options	DF/ GF	GF Option	DF/ GF Options	DF/ GF Options	
WEEK 2	16	17	18	19	20
	Cheese Pizza Broccoli OR Salad Bar	*Tasty Tuesday* Chicken Fajitas Quinoa Medley OR Salad Bar	Spaghetti w/ Meatsauce OR Salad Bar	Pancakes Bacon & Eggs NO SALAD BAR	BRING COLD LUNCH 
	GF Option	DF/ GF Option	DF/ GF Option	DF/ GF Option	**COOKIE DAY**
	23	24	25	26	27
	30	31	NO SCHOOL Christmas Break		
WEEK 3	NO SCHOOL Christmas Break				
	NO SCHOOL Christmas Break				
WEEK 4	NO SCHOOL Christmas Break				
	NO SCHOOL Christmas Break				
WEEK 5	NO SCHOOL Christmas Break				
	NO SCHOOL Christmas Break				

Menu Item	Description
Served on TASTY TUESDAY	Be sure to try a sample and share your vote!
Salad Bar	The salad bar is a self-serve option containing a variety of fresh veggies, proteins, toppings, and homemade salad dressings. Staff is available to assist, but students get to choose their salad ingredients. All are encouraged to take a variety of items, including plenty of protein.
Hot Dog	All-beef hot dog. K-5th gets 1 hot dog; 6th-8th have choice of 1 or 2 hot dogs.
Beef & Veggie Lasagna	Classic lasagna layered with ground beef, marinara sauce, ricotta cheese, and a medley of veggies. Gluten free pasta is available as a substitute.
Pizza	Pizza is made from scratch. Gluten free crust is available.
Orange Chicken	Crispy pieces of chicken and stir fried veggies with a sweet & savory orange sauce. Served with white rice.
Italian Sub	Salami, ham, pepperoni, and provolone cheese served on a hoagie roll. K-2nd will get half, 3rd-8th will get whole.
Cheeseburger	Served with cheddar cheese. Plain hamburger is available by request. Gluten free bun is available.
Meatloaf	Our meatloaf is made with a mix of beef and pork. Served with creamy mashed potatoes. Gravy is optional.
Grilled Cheese & Tomato Soup	Homemade tomato soup served with grilled cheddar cheese on nine grain bread. K-2 get half grilled cheese, 3rd-8th get whole grilled cheese.
Pulled Pork Sliders	BBQ pulled pork served on Hawaiian rolls with homemade coleslaw on the side. K-2nd get 1 slider; 3rd-8th get 2 sliders. Gluten free bun is available.
Autumn Salad	Mixed greens topped with roasted butternut squash, crisp apples, pomegranate seeds, herb roasted chicken, and pepitas (pumpkin seeds). Optional house-made apple vinaigrette, honey mustard, or ranch dressing.
Chicken Fajitas & Quinoa Medley	Grilled chicken, peppers, & onions served in flour a flour tortilla. Quinoa Medley includes black beans, corn, and mild southwest spices.
Spaghetti w/ Meatsauce	Homemade marinara sauce with ground beef. Students have choice of sauce on the noodles or on the side. ("No sauce" is not an option.)
Pancakes	Fluffy buttermilk pancakes w/ choice of butter, pure maple syrup, and berries. K-2nd get 1 pancake & 1 slice of bacon; 3rd-5th get 1 pancake & 2 slices of bacon; 6th-8th get choice of 2 pancakes & 2 slices of bacon.